



## 2nd Annual Earth Day 5K

*Sunday, April 23, 2017 at 10:00 AM*

**5K Course:** Join us for a trail race/walk through the beautiful 275 acre Indian Island County Park! All proceeds benefit the North Fork Environmental Council's environmental education programs and scholarship fund.

**Registration:** Registration starts at 8:30AM at Indian Island County Park

**Directions:** LIE exit 71; Right turn onto Route 24 at end of exit ramp; Follow Route 24 south through the Riverhead Traffic Circle; Continue on Route 24 and make a left turn at the next traffic light onto Route 105; Follow Route 105 to entrance on right.

**Race Address:** Cross River Drive (Route 105), Riverhead, NY 11901

**On-Line Registration:** [EarthDay5K.itsyourrace.com](http://EarthDay5K.itsyourrace.com)

**Cost:** \$25.00 (first 150 guaranteed T-Shirt), day of race registration: \$30.00.

**Family entry:** \$75.00 for up to 4 **related** family members. No day-of family registrations.

**Kids Fun Run:** Starting time 9:15am, distance 1/10 mile. Kids ages 8 & under run free!

**Awards:** Top 3 male and female overall winners and top 3 male and female winners in the following age groups: Under 8, 9-12, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, over 70.

**Race entry includes:** Refreshments, post-race raffle, awards ceremony & water stop on course.

**Make Checks Payable to:** North Fork Environmental Council - 5K

**Mailing Address:** NFEC, P.O. Box 799, Mattituck, NY 11952

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### Registration Form

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_ **MI:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_ **Town:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**E-Mail Address:** \_\_\_\_\_ **Age as of 4-24-16:** \_\_\_\_\_ ( ) M ( ) F

**T-Shirt Size:** \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the North Fork Environmental Council and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event. **ALL ENTRANTS MUST SIGN RACE WAIVER:**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
(Parent's Signature if Under 18)